



AOC

Symposium 2026

**CORONARY ARTERY DISEASE IN YOUNG
AND SUDDEN CARDIAC DEATH**

**17th & 18th January 2026
Hotel Taj Santacruz, Mumbai**

SCIENTIFIC PROGRAM

**APPLIED
FOR MMC
POINTS**

www.acadcard.org

REGISTER NOW



PROGRAM HIGHLIGHTS

CAD IN YOUNG

- Pathology
- Gender Specific Risk Factors
- Imaging Characteristics And Management
- Debate on CT Coronary Angio
- Panel Discussion on Statins

SCD

- New Information In Last Decade
- Exciting Debates:
 - Marathon & SCD
 - Covid & SCD
- Idiopathic VF
- CPR Training And Public Access Defibrillation In India

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ORGANISING COMMITTEE



Dr. D. B. Pahlajani
Emeritus Chairman, AOC



Dr. Satyavan Sharma
Chairman, AOC



Dr. Akshay Mehta
Vice Chairman, AOC



Dr. Ajit Desai
Secretary, AOC



Dr. S B Gupta
Member, AOC



Dr. Uday Jadhav
Member, AOC



Dr. Rajiv Bhagwat
Member, AOC



Dr. Anand Rao
Treasurer, AOC



Dr. Milind Phadke
Coordinator
AOC Symposium 2026



Dr. Nihar Mehta
Jt. Secretary, AOC



Dr. Bhavesh Vajifdar
Organising Secretary
AOC Symposium 2026

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INTERNATIONAL FACULTY



Dr. Sumeet Chugh

**Los Angeles
USA**

- **Cardiac Electrophysiologist, Los Angeles, USA.**
- **Professor & Associate Director for Predictive Analytics at the Smidt Heart Institute.**
- **Director of the Center for Cardiac Arrest Prevention.**
- **Vice-Dean & Chief AI Health Research Officer at Cedars-Sinai, Los Angeles.**

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NATIONAL FACULTY



Dr Ajit Desai



Dr Ajit Mulasari



Dr Ajit Menon



Dr Akshay Mehta



Dr Alpa Bharati



Dr Ameya Udyawar



Dr Amit Vora



Dr Amit Sanghvi



Dr Anand Rao



Dr Anil Dhall



Dr Anil Potdar



Dr Arun Mehra



Dr Ashish Nabar



Dr Ashish Agrawal



Dr. Bharat Shivdasani



Dr Bhavesh Vajifdar



Dr C Narasimhan



Dr Charan Lanjewar



Dr Chetan Shah



Dr C K Ponde



Dr D Prabhakaran



Dr D B Pahlajani



Dr Darshan Jhala



Dr Dhiraj Kumar



Dr Girish Sabnis



Dr G R Kane



Dr Harminder Singh



Dr K K Sethi



Dr Malav Jhala



Dr Manish Jain



Dr Maulik Parekh



Dr Milind Phadke



Dr Mohit Gupta



Dr Nagesh Waghmare



Dr Nihar Mehta

NATIONAL FACULTY



Dr PJ Nathani



Dr Pradeep Vaideeswar



Dr Prafulla Kerkar



Dr Pritish Bagul



Dr Rajiv Karnik



Dr Rajiv Bhagwat



Dr Robin Pinto



Dr Ruchit Shah



Dr S L Soneji



Dr S. B. Gupta



Dr Sadanand Shetty



Dr Sanjay Rajdev



Dr Santosh Dora



Dr Satyavan Sharma



Dr Satish Vaidya



Dr Sandeep Varma



**Dr Saurabh
Deshpande**



Dr Shantanu Deshpande



Dr Snehal Kothari



Dr S S Ramesh



Dr Sunil Sathe



Dr Suresh Vijan



Dr Surinder Hansra



Dr Talha Meeran



Dr Uday Jadhav



Dr Vaibhav Dedhia



Dr Vinay Jaiswal



Dr Vivek Jawali



Dr Yash Lokhandwala



Dr Zakia Khan



Dr Zohaib Shaikh

SCIENTIFIC PROGRAM

DAY 1

Saturday, January 17th 2026

TIME	TOPIC	SPEAKER
11.30 am – 01.15 pm	Check in, Registration, Lunch	
01.30 pm – 01.45 pm	Welcome and Introduction	Dr D B Pahlajani Dr Satyavan Sharma
01.45 pm - 02.30 pm	Session 1: CAD AND SCD IN YOUNG Chairpersons: Dr S B Gupta, Dr Bharat Shivdasani, Dr Vinay Jaiswal	
12 min	Risk factors: Does gender make a difference?	Dr Anil Dhall
12 min	Role of Genetics: Family History, Lp(a), Polygenic scores	Dr C K Ponde
12 min	SCD: Arterial and Ostial	Dr Pradeep Vaideeswar
09 min	Discussion	
02.30 pm - 03.10 pm	Session 2: Dr. D B Pahlajani Oration Chairpersons: Dr Satyavan Sharma, Dr Ajit Desai	
10 min	About AOC & Dr D B Pahlajani Oration	Dr Satyavan Sharma Dr Ajit Desai
30 min	Merging static & dynamic predictors of SCD: A new paradigm for prevention	Dr Sumeet Chugh
03.10 pm - 04.10 pm	Session 3: Acute MI In The Young Chairpersons: Dr Ajit Menon, Dr Rajiv Bhagwat, Dr Anand Rao	
12 min	Acute MI in young	Dr K K Sethi
12 min	STEMI In young compared with older patients	Dr Ajit Mallasari
12 min	Spontaneous Coronary Artery Dissection	Dr Mohit Gupta
12 min	Intracoronary Imaging in young CAD	Dr Ajit Mallasari
12 min	Discussion	
04.10 pm - 04.30 pm	Session 4: Guest Lecture Post infarct VT: How to manage? Chairpersons: Dr D B Pahlajani, Dr K K Sethi	Dr C Narasimhan
04.30 pm - 04.50 pm	Tea Break 1	

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SCIENTIFIC PROGRAM

DAY 1

Saturday, January 17th 2026

TIME	TOPIC	SPEAKER
04.50 pm - 05.40 pm	Session 5: DEBATES	
04.50 pm - 05.15 pm	Debate 1 Is CT coronary angiography essential in executive health check ? Chairpersons: Dr Ajit Mullasari, Dr Zohaib Shaikh	
10 min	Yes, enhances early detection, improves patient care	Dr Uday Jadhav
10 min	Not needed, often leads to further testing and debatable invasive procedures	Dr Prafulla Kerkar
02 min	Rebuttals: 1 min each	
03 min	Conclusion: 3 min	
05.15 pm - 05.40 pm	Debate 2 PCI or CABG ? : Long term strategy for a 30 year old with multivessel disease Chairpersons: Dr Arun Mehra, Dr Sanjay Rajdev	
10 min	PCI	Dr Suresh Vijan
10 min	CABG	Dr Vivek Jawali
02 min	Rebuttals: 1 min each	
03 min	Conclusion: 3 min	
05.40 pm - 05.55 pm	Session 6 : Sponsored by Astra Zeneca Chairpersons: Dr Robin Pinto, Dr P J Nathani Dr Pritish Bagul	
12 min	Potassium Peril : Hyperkalemia, a Trigger for SCD	Dr C K Ponde
03 min	Discussion	
05.55 - 06.15 pm	Tea Break 2	

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SCIENTIFIC PROGRAM

DAY 1

Saturday, January 17th 2026

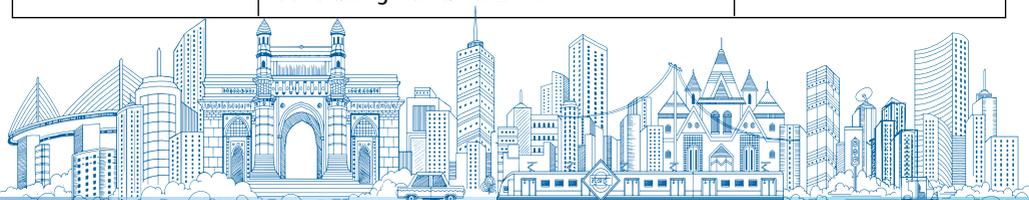
TIME	TOPIC	SPEAKER
06.15 pm - 06.45 pm	Session 7: Panel Discussions On Case Based Dilemmas	
06.15 pm - 06.30 pm	A 35 yr old asymptomatic businessman was detected to have Agatston score of 250 on EBCT calcium scoring. How to treat? (Lifestyle alterations? Drugs? Further testing)	Moderator: Dr Shantanu Deshpande Expert Faculty: Dr Rajiv Karnik, Dr G R Kane, Dr Amit Sanghvi
06.30 pm - 06.45 pm	A 32 yr. old woman without other risk factors has total cholesterol of 320 mg, LDL-C 240 mg and Lp(a) 120 mg. She is not on OC pills and wants to plan her family. What to advise?	Moderator: Dr Sadanand Shetty Expert Faculty: Dr Zakia Khan, Dr Nagesh Waghmare Dr Girish Sabnis
06.45 pm - 07.15 pm	Session 8: Non Atherosclerotic SCD Chairpersons: Dr Anil Potdar, Dr Manish Jain Dr Surinder Hansra	
12 min	SCD beyond blockage	Dr Pradeep Vaideeswar
12 min	Hypertrophic Cardiomyopathy, Arrhythmogenic RV Cardiomyopathy, and Inflammatory causes	Dr C Narasimhan
06 min	Discussion	
07.15 pm - 07.30 pm	Session 9 : Sponsored By – Novartis Chairpersons: Dr Snehal Kothari, Dr Vaibhav Dedhia, Dr Ruchit Shah	
12 min	Understanding LDL-C Variability: A key to Better Cardiovascular Outcome in Young MI	Dr Anil Dhall
03 min	Discussion	
07.30 pm - 08.00 pm	Session 10: Sponsored by Medtronic Cardio Quiz : Spot the cause of MI / SCD	
30 min	ECG, Angio, IVUS, OCT, CT, Autopsy Clips Quiz Experts : Dr Ajit Desai, Dr Milind Phadke, Dr Saurabh Deshpande	Quiz Master : Dr Nihar Mehta
08.00 - 08.30 pm	GBM and Faculty Council Meeting	
08.30 pm onward	Fellowship, Dinner	

SCIENTIFIC PROGRAM

DAY 2

Sunday, January 18th 2026

TIME	TOPIC	SPEAKER
09.30 am - 10.30 am	Session 11 : How to predict SCD: Practical Tips Chairpersons: Dr Sumeet Chugh, Dr Santosh Dora, Dr Dhiraj Kumar	
10+2 min	ECG prediction of SCD (Chanelopathy and Structural Heart Disease)	Dr Amit Vora
10+2 min	Identifying Malignant VPBs	Dr Yash Lokhandwala
10+2 min	When is EP study needed?	Dr Ashish Nabar
10+2 min	Interpreting CMR to identify high risk population	Dr Alpa Bharati
10+2 min	Genetic Studies: When and how to interpret	Dr Ameya Udyawar
10.30- 11.30 am	Session 12 : Guest Lectures Chairpersons: Dr D B Pahlajani, Dr Satyavan Sharma	
10.30 am - 11.00 am	Prevention of SCD in the current era: Refining ICD strategy for maximum benefit	Dr Sumeet Chugh
11.00 - 11.30 am	Contemporary issues in cardiovascular disease in India	Dr D Prabhakaran
11.30- 11.45 am	Tea Break	
11.45 am -12.25 pm	Session 13 : Point Counterpoint Sessions	
11.45 am - 12.05 pm	PART 1 Chairpersons: Dr Chetan Shah, Dr Ashish Agrawal, Dr Maulik Parekh	
08 min	Marathon increases SCD and should be discouraged in India	Dr Yash Lokhandwala
08 min	No, Marathons encourage culture of exercise, fitness & longevity	Dr Amit Vora
04 min	Rebuttals: 1 min each Concluding Remarks: 2 min	



SCIENTIFIC PROGRAM

DAY 2

Sunday, January 18th 2026

TIME	TOPIC	SPEAKER
12.05 pm - 12.25 pm	PART 2 Chairpersons: Dr. Shantanu Deshpande, Dr Charan Lanjewar, Dr Satish Vaidya	
08 min	SCD and MI have increased after COVID and its vaccination	Dr Sunil Sathe
08 min	No, there is no authentic data	Dr Darshan Jhala
04 min	Rebuttals: 1 min each Concluding Remarks: 2 min	
12.25 pm - 12.45 pm	Session 14 : Sponsored by MSD Chairpersons: Dr S S Ramesh, Dr Sandeep Varma	
15 min	Advances in PAH Management to Reduce Mortality	Dr Talha Meeran
05 min	Discussion	
12.45 pm - 01.05 pm	Session 15: Sponsored by Medtronic Mini Dialogues Chairpersons: Dr Harminder Singh, Dr Amit Vora, Dr Milind Phadke	
05 min	Which Syncope can be tomorrow's SCD?	Dr Amit Vora
05 min	Pharmacotherapy to prevent SCD?	Dr Saurabh Deshpande
05 min	Mitral Valve Prolapse and SCD	Dr Malav Jhala
05 min	Idiopathic Ventricular Fibrillation	Dr Ameya Udyavar
01.05 pm - 01.20 pm	Session 16: Special Lecture CPR training and Public Access : Defibrillation in India: Where are we now? Chairpersons: Dr S L Soneji, Dr D Prabhakaran, Dr Amit Sanghvi	Dr Akshay Mehta
01-20 - 01.40 pm	Take Home Messages	Dr Akshay Mehta
01.40 - 01.45 pm	Vote of Thanks	Dr Bhavesh Vajifdar and Dr Ajit Desai
01.45 pm	LUNCH AND ADJOURN	

REGISTRATION PACKAGES

Residential Registrations

Single Occupancy Residential	Rs. 7080/-
Couple Residential	Rs. 9440/-
Twin Sharing Residential :	Rs. 4720/-

Inclusions:

Conference Registration Fee + Accommodation at Hotel Taj Santacruz 1 Night / 2 Days (Check in: 17th January and Checkout: 18th January 2026) + Breakfast on Sunday (18th January 2026) + Lunches on Saturday and Sunday (17th and 18th January 2026) + Conference Dinner on 17 January (i.e. Saturday) + Visit to Trade Exhibition Area + Registration includes GST.

Non Residential Registrations

Non-residential	Rs. 3540/-
PG Non-residential	Rs. 2360/-

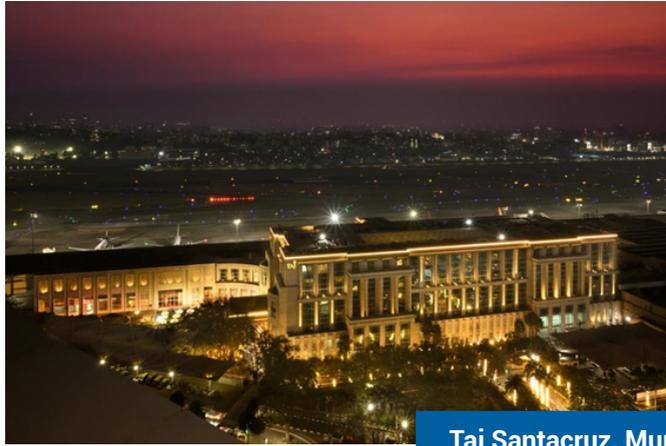
Inclusions:

Conference Registration Fee + Conference Lunch on 17th & 18th January 2026 (i.e. Saturday and Sunday) + Conference Dinner on 17th January 2026(i.e. Saturday) + Visit to trade exhibition + Registration includes GST.

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ABOUT VENUE



Taj Santacruz, Mumbai

Discover refined luxury and unmatched convenience at **Taj Santacruz, Mumbai** – a five-star hotel located just minutes from both the domestic and international airports, making it an exceptionally convenient choice for conference delegates. Showcasing a blend of Palatial and Art Deco architecture, the hotel features a grand double-height lobby accented by its iconic Thikri art installation. Guests enjoy spacious, soundproof rooms, diverse dining options, and rejuvenating wellness facilities, ensuring a comfortable and seamless stay. With its versatile event spaces, easy airport accessibility, and the legendary Taj hospitality, Taj Santacruz serves as the perfect venue for hosting the AOC Symposium 2026.

Taj Santacruz offers direct access to Chhatrapati Shivaji Maharaj International Airport (Domestic Terminal).



**Domestic Terminal, Chhatrapati Shivaji Maharaj International Airport,
Off Western Express Highway, Santacruz (East), Mumbai,
Maharashtra 400099, India**

GOOGLE MAPS

<https://maps.app.goo.gl/B1R55eTHseU587Nc8>

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